

# Teaching and Learning

## Under 2's- Understanding milestones



Working with under twos is both a privilege and a responsibility. The knowledge of the staff around child development and understanding milestones is so important and is key to supporting the whole child.

Having a regard for a child's interactions, emotional wellbeing, physical health and wellbeing, individual pathways, child as an active learner, experiences of the world and culture and community are all factors that influence development. If staff have a sound knowledge of this, it allows them to meet a child's needs effectively and ensure that they have the best start in life.

### **TASK 1**

How confident are you around the expected development milestones for 0–2-year-olds?

Discuss with your team.

Click on the link and spend some time exploring the What to expect in Early Years Foundation Stage: a guide for parents: [What-to-expect-in-the-EYFS-complete-FINAL-16.09-compressed.pdf \(foundationyears.org.uk\)](https://www.foundationyears.org.uk/What-to-expect-in-the-EYFS-complete-FINAL-16.09-compressed.pdf)

How could you use this document with staff? Could you use it as a guide to test their knowledge?

## TASK 2

It is important to highlight that the prime areas of learning – PSED, CLL and PD are critically important for all children aged 0-2 because they form the foundation for all future learning and development, they are all interrelated and support each other. A strong foundation in these areas enables babies and toddlers to develop specific skills in other areas of learning as they grow older.

With this in mind watch the two videos below, observe and make written notes on the 3 prime areas of learning. Use these observations to make an assessment of the child development. If possible, watch with a peer and compare notes. Did you make similar observations?

9 month old-[baby observation video - Google Search](#)

18 month old [baby observation video - Google Search](#)

- What age and stage do you think the child is at in each area?
- Are they meeting their age expected development norms?
- How could they be supported further by the practitioner?
- Were there any missed opportunities by the practitioner?

Check your notes against development matters, what to expect when or birth to 5 matters. Were your assessments correct?

- [Development Matters - Non-statutory curriculum guidance for the early years foundation stage \(publishing.service.gov.uk\)](#)
- [Birthto5Matters-download.pdf](#)
- [What-to-expect-in-the-EYFS-complete-FINAL-16.09-compressed.pdf \(foundationyears.org.uk\)](#)

Watch the video again and focus on the characteristics of effective learning.