

Healthy Living

Hand Hygiene



In the following examples how do practitioners ensure that children in the setting follow good hygiene practices:

- When playing with natural resources such as bark and mud?
- When handling animals?
- Before a cooking activity?
- Before snack times?
- Toileting?

Task

- Get the children and staff involved in discussing some of these issues and involve them in designing a poster or information leaflet.
- Design a checklist to use when completing the above activities for both children and adults. This may involve information for offsite activities.
- Check your practice links with your risk assessments and policies on a regular basis.
- Useful websites-
[Controlling infection in your early years setting | early years alliance \(eyalliance.org.uk\)](http://eyalliance.org.uk)
[How to wash your hands NHS song | NHS \(youtube.com\)](https://www.youtube.com/watch?v=...)