

Get up &  
**go!**

## How to play

This game can be played indoors or outdoors.

Put the targets around whatever space you have to create a course.

Choose your starting point and throw the bean bag to the first target.

Count how many throws it takes you to land on the target and write it on your paper, which is now your scorecard.

The winner is the person who has taken the least number of throws to complete the course. If you are playing on your own, try to beat your best score.

### Equipment

A bean bag, pen and paper, and targets.  
You can make targets using anything you can find around the house like a newspaper or magazine, jumper or towel.

# Throw Golf