

Get up &
go!

How to play

This game can be played indoors or outdoors and with a group.

Choose one player to be in the middle. All the other players are to stand inside the playing area.

On 1, 2, 3 and go, the player in the middle must try to tag as many players as possible.

When tagged, players must freeze and stand with their legs and arms apart. The only way to be freed is for a non-tagged player to crawl through your legs.

The last player not to be tagged and get 'stuck in the mud' wins.

No
equipment
required

Stuck in the mud