

Get up &
go!

How to play

This game can be played indoors or outdoors and with a group of at least three players.

Ask two players to take the ends of a skipping rope, holding it so the middle lies on the ground.

Take turns to jump over the rope without touching it.

Each time you've successfully jumped over, raise the rope a little higher.

When the rope gets too high to jump over safely, go underneath it, limbo-style.

The winner is the last player to limbo under the rope.

Equipment

A skipping rope

Group games and activities can only be played with people you live with.
Follow current Coronavirus guidelines at all times.

High water low water